This is Ms. Susan from the Shorewood Public Library. Sometimes it seems that life is like a yo-yo, with everything going up and down. One day a smile, the next day a frown. One day snow, next day, nowhere to go. I hope this project brings a smile and all day long, good things will come rolling along. Using ordinary materials, you can make your own yo-yo. After a bit of practice, you will have your own yo-yo going up and down. After more practice, you may even be walking the dog!



1-On a thick piece of cardboard, draw two circles about 3 inches across. Now draw another smaller circle about 1 inch across. You could also use small plastic covers, or two thin pieces of cardboard glued together for the two outside circles. Cut out all the circles. This is hard, but if you remember to cut straight lines and trim the edges after, it will be much easier. Now, find the center of each circle and carefully, make a hole there. You can use the tip of a scissors, nail, or a sharp pencil. Decorate or color one side of the circles. Glue yarn or more string to the design, this will make the yo-yo heavier and give it balance.

2-Tie a string, about 3 feet around the outside of the smaller circle and tie a knot. You can glue the edge and let dry. Tie another knot with a loop on the opposite end, for your finger to fit through. Pile the three circles together with the smaller one in the middle of the other two like a sandwich. Join all three circles at the center point with a paper clip or another fastener that will allow the circles to turn. (No glue). Now roll the string around the center ring up to the finger loop. Place your finger through the loop. As you drop the circle from your hand jerk your arm up at the same time. As your technique improves, you will be trying to get the string to roll back up to keep the yo-yo rolling up and down.

Be well and hope you are rolling in fun!

Ms. Susan